



FINDHORN  
FLOWER  
ESSENCES

## AROMATHERAPY MISTS



### Natural Room Mists

Protect and transform your space  
Pure essential oils working in harmony with  
Flower, Element and Gem Essences



For detailed information about  
**our products, our Kits**  
(Full Range of our Solo Flower, Gem & Element Essences)  
**and our Training Courses in Findhorn**  
please visit our website:

[www.findhornessences.com](http://www.findhornessences.com)

### Feel Good Gift Boxes

Our **Essential Mists** are combined with their correspondent  
**Combination Essence** (to be taken orally), so as to enhance  
the formula's therapeutic properties by providing a  
powerful dual action.



FINDHORN FLOWER ESSENCES

248 Pineridge, The Park, Findhorn, IV36 3TB,  
Morayshire, Scotland, UK  
T +44 (0) 1309690129

## DO YOU KNOW ...

### Who are 'Findhorn Flower Essences'?

Findhorn Flower Essences is a well established and award winning business with **over 25 years experience** in the creation of essences and aromatherapy mists. Our Essences are handmade in the wild highlands of Scotland, in an area of outstanding beauty, using the finest natural ingredients in accordance with the traditional methods of Dr. Edward Bach.

### How Aromatherapy Mists work?

Our Essences **are made through 'sun infusion'** so that the healing energy and vibrational pattern of the flower, gem or element is imprinted in pure water and preserved as an Essence. To create the Aromatherapy Mists, we blend our Essences with pure Essential Oils, known for their positive, calm and healing properties.

### How to choose an Aromatherapy Mist?

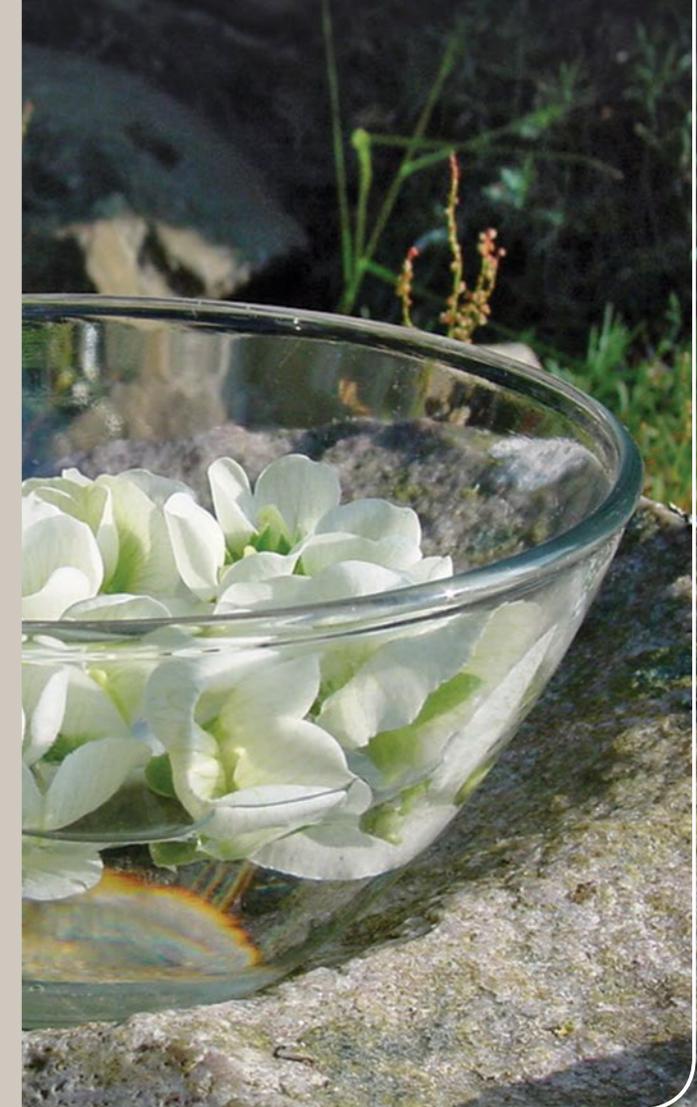
To select the most beneficial Aromatherapy Mist, see which ones address negative qualities that challenge you, and positive qualities you would like to enhance.  
**Search for key emotional, mental and spiritual attributes** by following your intuition or using a pendulum.

### How to use Aromatherapy Mists?

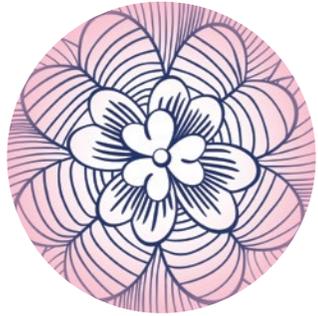
**Spray Aromatherapy Mists in your home, office and when travelling to purify your physical space** and create more positive, relaxing atmospheres. Spray in the top and bottom corners of your room, or in the sacred four directions. Spray before you begin teaching or healing and use in your professional work as a therapist, healer, teacher or instructor to offset negative energies emitted from computers, customers, office equipment and stressed colleagues.

### Flowers & Essential Oils

can transform our space and lift our spirits through their beauty, their colours and their perfume that delight our senses and open our hearts, deeply enough to change us.



## ESSENTIAL MISTS



### EROS

#### *Love*

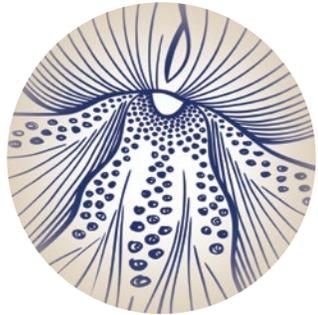
Feel good about yourself. Express your love freely and enrich your relationships.



### PSYCHIC PROTECTION

#### *Safe*

Feel safe and secure, positive and strong.



### CALM ME DOWN

#### *Calm*

Transform emotional turmoil. Stay calm and composed.



### PROSPERITY

#### *Abundance*

Manifest your dreams and goals. Attract greater prosperity and abundance into your life.

50ML

Our **ESSENTIAL** Mists infuse your atmosphere and aura with the therapeutic power of flowers, balancing emotional patterns, attitudes and behaviours that negatively impact health and wellbeing.

## SACRED MISTS



### SACRED LIGHT®

#### *Love & Wisdom*

Helps you to find inspiration and evoke the aspiration to strengthen the heart-mind connection and realise inner wisdom.



### SACRED SPACE®

#### *Peace & Harmony*

Helps to purify and clear your physical space to create a more positive relaxing atmosphere.



### SACRED EARTH®

#### *Ground & Nurture*

Helps you to stay grounded and focussed, to feel at home in yourself and in your environment.

100ML

Our **SACRED** Mists are made by combining pure essential oils with flower, element and gem essences. Their divine fragrances bring light, love and harmony into your world with their therapeutic energies.